

### June is Acro Month



Those who were a part of ATA this past March probably remember that March was Acro Month. All recreational students got a chance to learn basic partner acrobatic skills. It was a huge success and students loved learning and performing these challenging skills. As an exciting addition, Acro will be included in ATA's curriculum three months out of the year! During the months of March, June and September, students will get the opportunity to learn and practice the basics of Acrobatic Gymnastics.

Here at ATA we have such a passion for this sport and feel that it greatly enhances a gymnast's strength, flexibility, balance and coordination. Acrobatic Gymnastics is a combination of partner skills, dance and individual acrobatic and tumbling skills. Athletes work in pairs or groups to

perform skills of balance and of flight.

During Acro Months all classes will follow ATA's curriculum, allowing students to continue working on their individual tumbling and acrobatic skills. In addition, instructors will spend a few minutes of class time teaching foundational acrobatic skills. Students will learn some of the following: thigh stands, shoulder stands, candlesticks & basket tosses. These are just a few of the skills we have planned. Really... the list is endless! Learning and performing Acro is a blast! We can't wait to get started!

\*\*\*If you would like more information on our Pre Team or competitive team program, please stop by the front desk.

### Character Counts

We hope that last month's Character Counts theme will leave a lasting impression on ATA's staff, students and parents. Through fun skits and discussions, coaches and students talked about how to practically display these character traits: respect, responsibility, caring and citizenship. Thanks to everyone who helped to decorate our walls!

### Achievement Week:

#### June 23 - 28

At ATA every student is a STAR and we want to acknowledge each student's accomplishments! During the week of June 23-28, all students will get an opportunity to perform a special/favorite gymnastic or acrobatic skill in front of an audience. Students will then be awarded an ATA ribbon! Family and friends are welcome to come and watch!



### ATA is the Place to be this Summer!

The clock is ticking...don't miss out on the fabulous activities that ATA is offering this summer! From Super Saturdays and sleepovers to week long camps and clinics, we are your destination hot spot for all things FUN! The more activities you sign up for, the more you SAVE! Check out our website or pick up a Summer Activities brochure for detailed information. **Stop by our customer service desk between June 9th and June 21st and draw a raffle ticket from our ATA Prize Bowl for a chance at amazing savings on our summer activities. Every ticket comes with a special gift!**

### June's Safety Tip

In order to make sure that all students enter and leave ATA's facility safely, we require that parents/guardians park and come into the building when dropping off or picking up. Please do not let your children wait outside for pickup. Let's all do our part to keep our kids safe!

