

March is Acrobatics Month!



Here at ATA, our team competes in the exciting sport of Acrobatic Gymnastics. This sport is a combination of partner skills, dance and individual acrobatic and tumbling skills. Partners work in pairs or groups to perform skills of balance and of flight. We have such a passion for

this sport and feel that it greatly enhances a gymnast's strength, flexibility, balance and coordination.

2013 was the first year that we incorporated basic Acrobatic Gymnastics skills into our recreational classes. It was a huge success so we're bringing it back for 2014! During the months of March, June and September, students will learn basic pair and group acrobatic skills. Students will continue their skill training on the important individual skill goals they have been working on. Instructors will take a very small amount of time during each class to focus on the fun and challenging sport of Acrobatic Gymnastics. ***If you would like more information on our Pre Team or competitive team program, please stop by the front desk.

Team News



Our elite Men's Pair, Bryan Allen and Brennan Atsatt are ready to represent Team USA at the 2014 Maia Cup competition, March 7-9 in Oporto, Portugal next weekend. This past weekend they earned a combined total of 82.950 for a gold medal performance at the Capitol Winter Classic. International competition will afford them more opportunities to gain experience in that arena as they continue preparing for

this year's Acro Cup in May. The 2014 Acro Cup this year will host athletes from all over the USA vying for team positions for World Championships in France in early July!

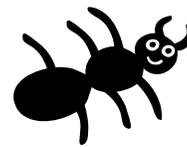
Achievement Week:

March 24 – 29



At ATA every student is a STAR and we want to acknowledge each student's accomplishments! During the week of March 24 - 29, all students will get an opportunity to perform a special/favorite gymnastics or acrobatic skill in front of an audience. Students will then be awarded a special ATA wristband! Family and friends are welcome to come and watch!

Buggin' Out



During the weeks of March 7th through March 22nd, ATA's Intro Tumblers (3-6 years) will explore the fascinating world of creepy crawlers while doing gymnastics. Students will cartwheel over spider webs, crawl like ants and fly like butterflies. All theme activities will follow ATA's curriculum and help to develop student's strength, balance, agility, coordination and flexibility.

Students will learn the following song and sing during circle time. Sung to the tune of "Are You Sleeping?"

Big bugs, small bugs. Big bugs, small bugs.

See them crawl. See them crawl.

Creepy, creepy crawling. Never never falling.

Bugs, bugs, bugs. Bugs, bugs, bugs.

****Sing at home with your child!*

