

Fall Special

The Gymster program is offering a special 20% **DISCOUNT** on monthly tuition for all Wednesday and Friday 9:30 classes through December 2016. If you are currently enrolled in one of these classes you will see this discount reflected in your tuition. Contact the front desk to switch to one of these discounted classes

TODAY!

Refer a friend

Discount

Do you have friends who have been interested in trying gymnastics? Tell them about ATA now! When new Gymster members mention you at sign up you get 15\$ off your next months tuition!

Happy Tumbling
Jocelle Burdett
Gymster Manager

October Theme: Happy Harvest



This month all Gymster students will be heading to the ATA Pumpkin patch to enjoy harvest themed activities! Gymnastics stations will be dressed up with pumpkins, spiders

and fall leaves. Your Gymster can dress up for class the week of October 26th-29th. Please make sure your child can still tumble in their costume. No scary costumes, wings, hats or wigs.



Skill of the Month: Safety falls

Song of the Month: "Itsy Bitsy Spider" by Jack Hartmann available on iTunes



Fall Focus: Safety

At ATA we strive to offer quality gymnastics classes in a fun, challenging and positive atmosphere. Our goal is to accomplish this in the safest environment possible. As with any activity, there is inherent risk in gymnastics. To manage risk, our Gymster students, parents and teachers will be focusing on how to stay safe in the gym during the month of October.

Week 1: Fire Safety-Stop drop and Roll!

Week 2: Earthquake drill-Classes will review and practice the steps to take during an earthquake.