

Staying Healthy during Cold and Flu season:

This year the cold season has hit hard. Many of our students have been out sick and recently our family caught a nasty virus that had me on my back for a week straight!

ATA is doing everything we can to encourage a healthy environment for your Gymster students. Starting in February we will be passing out hand sanitizer to all students before they enter the gym floor. If you would rather have your child wash their hands feel free to notify your child's teacher.

Also if your child has any of the following symptoms please keep them home from class:

Cough, fever or vomiting in the past 24 hours, severe runny nose.

Thank you for doing your part to keep ATA a healthy place to play!

Jocelle Burdett
Gymster Manager

February Theme: Friendship Month



It's the season of Friendship at ATA! February 1st-14th Gymster students will enjoy stations and group activities that encourage friendship, cooperation and teamwork. Students will practice important social skills like introducing themselves to a new friend, taking turns, giving high fives and encouraging others.

Skill of the month: handstand

February Theme Song

In January students enjoyed Boppin' and droppin' as we moved our bodies to the beat and practiced exercising all month long!



In February we will be singing the song "the More we Get Together" as we practice social skills during circle time. This song is available on Itunes and is by Kidsongs.