

Now Offering..



Adventure Hour

We believe in the benefits of play in developing children’s understanding of the world around them, contemplating new concepts and mastering learned skills. Each week we will offer time for your preschool aged child to explore the gym through unstructured, child led play! Students participating in Adventure hour must have a waiver signed by their parent or guardian to participate. Open to all ages 5 and under. Children under 3 must be accompanied by an adult.

Adventure Hour Pricing

- **Member– Free**
- **Non-member- \$5.00**
- **Under 1 year– Free**

Class Times

	Monday	Tuesday	Wednesday	Thursday	Friday
Adventure hour	11:00-12:00			12:00-1:00	11:00-12:00

Aerial Tumbling and AcroGymnastics

422 Blossom Hill Road
San Jose, CA 95123

408-224-5437

www.atagymnastics.com

Email: info@atagymnastics.com



GYMSTER Academy



**ATA’s Morning Preschool
Gymnastics Program**

Jocelle Burdett– Program Manager

Gymster Academy—ATA’s morning preschool gymnastics program is different than any other preschool gymnastics program. Gymsters is a developmental program that integrates early learning skills like colors, shapes and letter recognition with fun movement based gymnastics activities to develop the whole child, physically, mentally and socially! Whether your child is just starting to walk or needs an alternative to the traditional preschool experience, we have a class for you! For more information or to schedule a FREE trial class contact the front desk today.

GymBugs (16mo-24mo)- This parent child program is a great time to bond with your baby in a safe, child friendly environment. We'll practice taking turns, making new friends and interacting with other adults as we jump, climb and tumble our way to fun! Each month we will have teacher led activities that are focused around a primary theme. Come explore with us! **45 min \$54 M-F / \$62 SAT**



- Check out our awesome Monthly Themes!
- Bouncing Balls
 - Building Balance
 - Slides and Swings
 - Move to the Music and MORE!!!

GymHoppers (24mo-3yrs)- This parent participation class is designed for older toddlers who are ready for a more challenging, structured environment. This program combines teacher led themed stations and a structured circle time with open, child led exploration and play. Your child is sure to flip for this fun class! **45 min \$54 M-F / \$62 SAT**



GymBees (3yr olds)-This class is a transitional class for children ready to explore the gym without Mom. This class will introduce your child to ABC Gymnastics, our approach to teaching the alphabet and early learning concepts through movement. Each week students will be introduced to a new letter and corresponding gymnastics or movement concept. Colors, numbers and shapes will be integrated into gymnastic stations, tumble track and circle time activities. Your bouncing “big” kid is sure to love this class! **45 min \$66 M-F / \$76 SAT**



Gyminee Crickets (4yr olds)- In this class students will continue to master early learning concepts through ABC Gymnastics. Each week a new letter will be introduced using corresponding movement or gymnastics skills. Colors, numbers and shapes will be integrated into gymnastics stations, tumble track and circle time activities. This class is a great alternative or addition to the traditional preschool experience. Don't miss any of our 26 alphabet themed classes!! **45min \$66 M-F / \$76 SAT**



Class Times

Class	Mon.	Tues.	Wed.	Thurs.	Friday	Sat.
GymBugs 16mo-24mo	10:15					9:10
GymHoppers 24mo-3yrs					10:15	10:00
GymBees 3yrs	10:15				10:15	9:10
Gyminee Crickets 4yrs	10:15				10:15	9:10

If these days and times don't work, please notify customer service so we can let you know when new class times are created.

We also offer afternoon preschool gymnastic classes for ages 3-5. For further information see our ATA Menu of Programs, or call or stop by and speak to our Customer Service.

25% sibling discount for all ATA classes



Want more info about
ABC Gymnastics Check out our website



Gymster Gazette

We want to help you understand our program and your child’s development. Each week we will send out information about what your child is learning, developmental milestones, ideas for activities you can do at home with your child and upcoming events you won’t want to miss!

Got email?? We can send the Gymster Gazette straight to your computer or smart phone! Check with the front desk for more information.